Preschool Vision Development Checklist

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1 Δ	ppearance of Eyes	Yes	No
~	Unusual redness of eyes		
	Unusual redness of lids		
	Crusted eyelids		
	Styes, or sores, on lids		
	Excessive tearing		-
	Unusual lid droopiness		-
	One eye turns in or out with fatigue	·	
2. F	vidence of Discomfort		
	Excessive rubbing of eyes		
	Avoids bright light	-	
	Keeps eyes closed too much of the time		
3 F	xpected Visual Performances	·	
J	Birth to 6 Weeks of Age:		
	Stares at surroundings when awake	-	
	Momentarily holds gaze on bright light or bright object	·	
	Blinks at camera flash		
	Eyes and head move together		
	One eye may seem turned in at times		
	8 Weeks to 24 Weeks:		
	Eyes begin to move more widely with less head movement		
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	Watches parent's face when being talked to (10 – 12 weeks)		
	Begins to watch own hands (12 -16 weeks)	-	
	Eyes move in active inspection of surroundings (18 – 20 weeks)		
	While sitting, looks at hands, food, bottle (18 – 24 weeks)		
	Now looking for, and watching more distant objects (20 – 28 weeks)		
	30 Weeks to 48 Weeks		
	May turn eyes inward while inspecting hands or toy (28 – 32 weeks)		
	Eyes more mobile and move with little head movement (30 – 36 weeks)		
	Looks for toy he drops (32 – 38 weeks)		
	Visually inspects toys he can hold (38 – 40 weeks)		
	Creeps after favorite toy when seen (40 – 44 weeks)		
	Sweeps eyes around room to see what is happening (44 – 48 weeks)		
	Visually responds to smiles and voices of others (40 – 48 weeks)		
	More and more visual inspection of objects and persons (46 – 52 weeks)		
	12 Months to 18 Months		
	Using both hands and visually steering hand activity (12 - 14 months)		
	Visually interested in simple pictures (14 – 16 months)		
	Often holds objects very close to eyes to inspect (14 – 18 months)		
	Points to objects or people using words "look" or "see" (14 – 18 months)		
	Looks for and identifies pictures in books (16 – 18 months)		
	24 Months to 36 Months		
	Occasionally visually inspects without needing to touch (20 – 24 months)		
	Smiles, facial brightening when views favorite objects and people (20 – 24 months)		
	Likes to watch movement of wheels, egg beater, etc. (24 - 28 months)		_
	Watches own hand while scribbling (26 – 30 months)		
	Visually explores and steers own walking and climbing (30 – 36 months)		
	Watches and imitates other children (30 – 36 months)		
	Can now begin to keep coloring on the paper (34 – 38 months)		
	"Reads" pictures in books (34 – 38 months)		
	40 Months to 48 Months		
	Brings head and eyes close to page of book while inspecting (40 – 44 months)		
	Draws and names circle and cross on paper (40 – 44 months)		
	Can close eyes on request and may be able to wink one eye (46 – 50 months)		

Parent Guide to Vision Therapy

4 Years to 5 Years

Uses eyes and hands together well and with increasing skill		
Moves and rolls eyes in an expressive way		
Draws and names pictures		
Colors within lines		
Cuts and pastes quite well on simple pictures		
Copies simple forms and some letters		
Can place small objects in small openings		
Visually alert and observant of surroundings		
Tells about places, objects, or people seen elsewhere		
Shows increasing visual interest in new objects and place		